

## Onsite Dental Care

A Cigna Dental Health Connect™ solution



# PREVENTIVE DENTAL CARE AT YOUR CONVENIENCE

That's something to smile about.

You're a busy person. We get that! And in today's busy world, finding time to renew your license at the DMV, or bake cupcakes for the upcoming school fundraiser, or change the oil in your car can be hard. So finding time to schedule your twice-yearly preventive care visits at the dentist may be the last thing on your mind. But consider this:

Every year you skip your routine visit to the dentist, your costs for future dental care go up – by

**43%<sup>1</sup>**

### The cost of skipping care

**“But my teeth are in great shape – I can skip this year’s visit.”** In a study done by the Centers for Disease control, it was discovered that 91% of adults between the ages of 20-64 had one or more cavities.<sup>2</sup> You could be one of those people, and not even realize it until the minor cavity becomes a major problem.

**“But I don’t have time.”** Not having time, or not being able to find a nearby dentist, is the reason that 33% of people surveyed gave for skipping preventive visits.<sup>2</sup>

### The solution

Cigna Dental recognizes the challenges our customers face in balancing the demands of a busy life and the need for good preventive dental care. That's why we've partnered with onsite dental health providers to bring care to you.

During a visit with an onsite dental service, patients are seen by a licensed dental hygienist who performs an exam, takes X-rays (which are reviewed by a licensed dentist\*) and a cleaning.

This connection to care is just part of our whole-health approach that helps our customers access care and support how and when they need it.

Together, all the way.®



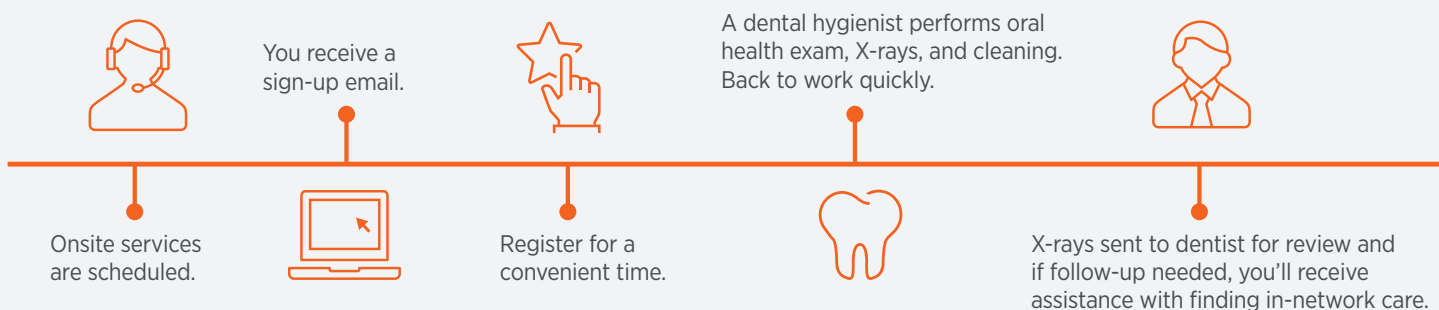
## Dental care that comes to you

Your employer has opted to bring dental services into the workplace to help employees get the preventive dental care that is vital to maintaining not only good oral health, but good overall health, too. If you are interested in taking advantage of this convenient, onsite dental care service, we encourage you to schedule an appointment.

And don't forget – most preventive care services may be covered at little to no extra cost to you if you're enrolled in a dental plan through Cigna.<sup>3</sup>

## How it works

Each visit lasts approximately 45 minutes, and includes an oral exam, x-rays and a cleaning.



**Ready to start down the road to a healthier mouth and a healthier you?  
Schedule your appointment today.**



\* Depending on the service provider, X-rays may be sent out to a licensed dentist who will review them offsite and then share his or her findings with you, usually a few days later.

1. "Preventive Dental Treatment Associated with Lower Medical Utilization and Costs," national Cigna study presented at the International Association for Dental Research Meeting, 3/2015, Boston. Updated with additional 2018 data.

2. Dye BA, Thornton-Evans G, Li X, Iafolla TJ. Dental caries and tooth loss in adults in the United States, 2011–2012. NCHS data brief, no 197. Hyattsville, MD: National Center for Health Statistics. 2015. Accessed November 2018.

3. Employees enrolled in a Cigna Dental plan will be eligible for coverage according to the plan documents. Under Cigna Dental Care® plans, employees may not be eligible for coverage for these services unless the treating dentist is their selected Network General Dentist. Deductible, copay and/or coinsurance requirements may apply. Under most Cigna Dental plans, oral health exams and cleanings are limited two (2) per calendar year. The frequency limitations of X-rays will vary depending on the terms of your specific dental plan. Employees not enrolled in a Cigna Dental plan must check with their carrier or pay all applicable charges directly to the onsite dental care provider.

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