

Why Dental Benefits Focus on Preventive Care

One word explains why dental benefits work: prevention. Most dental disease is preventable. Dental benefits are designed to help keep your smile healthy and prevent you from developing serious oral health problems.

Here are some of the preventive benefits of dental coverage:



Cover preventive care.

Many dental plans cover all or most of the cost for routine dental checkups, including cleanings, X-rays and exams. Deductibles do not usually apply to these services.



Prevent costly dental problems.

At a routine checkup, your dentist can diagnose and treat dental disease early on, saving you from more costly and time-consuming dental procedures down the road.



Improve overall health.

More than 120 diseases, such as diabetes and certain cancers, have symptoms that can be detected early during a routine oral exam.¹



You can also find out if you are at a higher risk for dental disease by taking Delta Dental's free online risk assessment at mydentalscore.com/deltadental. If you are at high risk, you may benefit from additional preventive care services that may be covered by your dental plan. Take the assessment and share the results with your dentist at your next appointment.