



Feeling off? Get actionable, immediate health guidance.

A new health resource at no additional cost. When you're feeling off, we make it easier to figure out what to do next.



Get health assistance anytime, anywhere

Always available to interact—even at 2 a.m., from your couch.



Get guidance based on your situation

Self care or urgent care? Learn about what makes sense for you.



Get the best-cost scenarios

We will recommend network care options whenever possible.

To access the tool, visit the **Health Resources** tab on myuhc.com® today

Here's how it works

- 1. Explore your symptoms:** interact with the tool to assess what you've been experiencing
- 2. Get feedback on symptoms:** From causes to severity, get clinical insight into what's going on
- 3. Choose the best care option for you:** The tool will guide you to the right service based on your conditions

United
Healthcare

Services are not intended to be a substitute for professional medical advice, diagnosis or treatment. Your use of the services is voluntary and subject to terms of service and privacy policy. Cost of this service is included in administrative fees; no additional out-of-pocket expense applies.

This service should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. The information provided through this service is for your information only. It is provided as part of your health plan. Program nurses and other representatives cannot diagnose problems or suggest treatment. This program is not a substitute for your doctor's care. Your health information is kept confidential in accordance with the law. This is not an insurance program and may be discontinued at any time.

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