

MULTI-FACTOR AUTHENTICATION

The image shows two mobile phone screens side-by-side, illustrating the multi-factor authentication process. The left screen is titled "Verify" and shows the initial verification step. The right screen is also titled "Verify" and shows the optional phone number verification step.

Screen 1: Verify

Before you can enter Vitality, we need to verify your information

Protecting your health data is important to us, so we are setting up multi-factor authentication. This confirms your identity by sending a PIN to the email address you enter below.

In line with our privacy policy, Vitality does not sell your information to third parties.

Verify email address

EMAIL ADDRESS

Send PIN

PIN

Verify PIN

Sign up to get emails about my progress in the Vitality program. This can be changed later in Settings.

Continue

Screen 2: Verify

Add optional phone number for extra security

Protecting your health data is important to us, so we are setting up multi-factor authentication. This is an optional step that confirms your identity by sending a PIN in an SMS message to the phone number you enter below. We can only verify US or Canada phone numbers at this time.

In line with our privacy policy, Vitality does not sell your information to third parties.

Verify mobile phone number (optional)

MOBILE PHONE NUMBER

+1

Send PIN

PIN

Verify PIN

Standard message and data rates may apply.

Continue [Skip for now](#)

MOBILE

The image shows two laptop screens side-by-side, illustrating the multi-factor authentication process. The top screen shows the initial verification step, and the bottom screen shows the optional phone number verification step.

Screen 1: Verify

Vitality

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Verify email address

EMAIL ADDRESS

Send PIN The PIN was sent to your email address.

PIN

Verify PIN

Sign up to get emails about my progress in the Vitality program. This can be changed later in Settings.

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Screen 2: Verify

Vitality

Add optional phone number for extra security

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Verify mobile phone number (optional)

MOBILE PHONE NUMBER

+1

Send PIN The PIN was sent to your mobile phone number.

PIN

Verify PIN

Standard message and data rates may apply.

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WEB